

# Pure Philosophy

Pure Aesthetics is the premier school in Tucson dedicated exclusively to aesthetic education.

In our contemporary lifestyles we are exposed to many pollutants. Toxic contaminants may be found in the food we eat, the air we breathe, and the products we use on our skin. While we may not have control over our exposure to many of these pollutants, we can choose what we put on our skin.

Our skin absorbs about 60% of what is applied topically. Therefore, we believe it is imperative to use safe, yet effective products. We educate our students about non-toxic ingredients and their importance in maintaining beautiful skin and a healthy body. Many product lines claim to be natural, but in fact contain toxins that are not only harmful to our bodies, but also to the environment. Wastewater treatment plants are not designed to filter chemicals found in most commercial skincare products. When we flush these products down our drains, they contaminate our water supplies, thus contaminating our environment. At Pure Aesthetics we strive to minimize our environmental impact and encourage our students to do the same. After completing their coursework at Pure Aesthetics, our well-informed students can educate even the most savvy and inquisitive client.

## Spa Clinic Guidelines

Although we try to emulate a professional spa, we are first and foremost a teaching facility. Therefore, on occasion an instructor will check on our students during treatments.

For the safety of children and to ensure a relaxing experience for our guests, please refrain from bringing children under the age of ten when receiving services, and silence your cell phone.

Please note that our students are able to accept cash or check gratuities. Tips cannot be added to credit card payments, however you may purchase a gift card for the student in lieu of cash.



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# Other Services

## Make-Up Application 50 MINUTES

Daytime: \$19\*

Nighttime: \$26\*

\*MAY BE USED TOWARDS PURCHASE OF MAKEUP

Eyebrow Tint: \$19

Lash Tint: \$16

Brow & Lash Tint: \$29

## Lip Contour & Eye Mask

20 MINUTES (OR 15 MINUTES EACH)

This marine-based collagen mask targets and restores the moisture levels in the delicate wrinkle-prone tissue around the eyes and lips. This cooling, soothing treatment includes an application of a cutting edge formulation that contains a potent blend of the antioxidant spin trap which reduces puffiness and dark circles.

Both: \$29

Eye Mask: \$16 a la carté w/facial \$14

Lip Contour: \$12

## Lash Lift

\$39 FOR 45 MINUTES

## Lash Lift with Lash Tinting

\$49 FOR ABOUT 60 MINUTES

## Signature Scalp Treatment

\$39 FOR 25 MINUTES

Nurture your scalp and nourish your roots. This treatment combines the benefits of a high frequency comb and an organic fruit acid scalp tonic to promote circulation and stimulate hair growth and cell renewal. This treatment concludes with a hydrating scalp massage. We recommend leaving the oil on overnight for best results. Treatment includes a Pure Aesthetics bandana.

## LED

\$65 FOR 25 MINUTES, 6 FOR \$375, 10 FOR \$575  
OR MAY BE ADDED TO ANY FACIAL FOR \$55

Repair and restore skin suffering from the effects of aging, acne, uneven pigmentation, cellulite, loss of elasticity, stretch marks, or hair loss. LED is a revolutionary, non-invasive treatment that uses light therapy to address a variety of skin concerns. We recommend adding LED to any exfoliation treatment to enhance its effectiveness. For optimal results, we strongly suggest performing this treatment in a series.

# Waxing Services

Facial Wax Package #1 Combination of Eyebrows with Lip or Chin \$17	Full Face for Women (Excluding Eyebrows) \$30	Stomach for Women \$19
Facial Wax Package #2 Combination Eyebrows, Lip and Chin \$29	Underarms \$16	Small of Back for Women \$19
Eyebrows \$12	Bikini \$19	Chest Wax for Men \$36
Upper Lip \$9	Forearms \$19	Back Wax for Men \$36
Chin \$9	Full Arms \$26	Chest and Back \$50
Sideburns \$9	Half Legs (Just Above Knee) \$22	Men's Shoulders \$19
Cheeks \$16	Lower Legs (Just Below Knee) \$22	Nape of the Neck \$16
Ears \$6	Full Legs \$29	
Nostrils \$9	Happy Trail \$9	

## Cancellation Policies

We respectfully request at least 24 hour notice for cancellations.

## Late Arrivals

Services that begin late will end on time so the next client is not delayed.

## New Clients

If you are a new client please arrive five minutes early to fill out paperwork.

# Pure Aesthetics Menu of Services



## Basic Facials

### **Standard Facial** \$39 FOR 50 MINUTES

A deep pore cleansing and restoring facial using 100% natural and organic skincare products. Following an analysis of your skin's individual characteristics, your face is cleansed, toned and exfoliated to enhance the effectiveness of extractions. Massage of your face, neck, shoulders and hands is included to invoke deep relaxation. This treatment concludes with an appropriate mask for your skin type.

### **Men's Facial** \$39 FOR 50 MINUTES

Men's skin needs special attention. Conditions such as razor burn, sun damage, dehydration, and excess oiliness can be greatly improved with regular facial treatments. Using products specially formulated with the gentleman in mind, this treatment will address your skin's individual needs. No girly stuff here!

### **Decolletacial™** \$29 FOR 25 MINUTES

Your decollete (upper chest) is often the target of the sun's harmful rays, yet is generally neglected. Give it some attention with a decolletacial. This treatment can be performed a la carte or added on to your favorite facial. We highly recommend a decolletacial before an LED treatment.

## Upgrade Facials

### **Vitamin C Facial** \$49 FOR 50 MINUTES

Our Standard Facial PLUS a vitamin C serum and vitamin C mask. This treatment is beneficial for all skin types but especially for aging skin. Vitamin C aids in protecting the tissues from cell damage and free radicals.

### **Skin Lightening Facial** \$49 FOR 50 MINUTES

Our Standard Facial PLUS a highly concentrated natural skin lightening serum which contains clarifying, antiseptic and skin lightening kojic and azelaic acids. This facial is purposed to improve pigmented skin, age spots and blemishes. The treatment concludes with a mask that contains skin brightening ingredients that are as effective as hydroquinone but without the associated toxicity.

### **Sensitive Skin Facial** \$49 FOR 50 MINUTES

Our Standard Facial PLUS a calming serum and peel-off mask containing algae, bilberry, essential oil of chamomile and vitamin C. This treatment is designed to soothe and calm irritated or sensitive skin. Bilberry has a beneficial effect on capillaries due to its strong antioxidant properties and contains flavinoids, which act as an anti-allergen, anti-inflammatory, and anti-microbial agent. This is an ideal mask after an exfoliation treatment.

### **Super Hydrating Facial** \$49 FOR 50 MINUTES

For the ultimate hydration of the desert dweller's skin. Our Standard Facial PLUS hydrating serum and an emollient olive oil mask which contains antioxidants pro-vitamin A and vitamin E fatty acids, which improve elasticity.

### **Purifying Mud Facial** \$49 FOR 50 MINUTES

Our Standard Facial PLUS a marine mud mask that absorbs impurities and excess sebum. We recommend this facial for skin that is oily, acneic, or prone to breakouts. Trace elements of zinc and sulfur rebalance the skin and help regulate excess oily secretions.

### **Green Tea Facial** \$49 FOR 50 MINUTES

Our Standard Facial PLUS our cell regenerative balancing serum. This antioxidant mask is rich in vitamins A, B2 and E, and is the perfect protection from the aggression of solar radiation.

## Specialty Facials

### **Yin and Yang Facial** \$59 FOR 50 MINUTES OF HOT & COLD

An ideal balance of invigoration and restoration. This facial includes an application of a therapeutic serum that allows your skin to heal and restore itself, followed by a ginseng mask to stimulate your skin, leaving it radiant and refreshed. The synergistic effect results in beautiful skin.

### **Desert Rain Facial** \$59 FOR 50 MINUTES

This facial invokes the healing powers of a monsoon rain in the Sonoran Desert. Just as a monsoon breathes new life into the desert, our Desert Rain facial revitalizes, refreshes, and relieves all skin types. The anti-bacterial and aromatic properties of the Creosote bush coalesce with the firming and soothing benefits of the super fruit Nopal to emulate the effects of a desert rain.

### **Red Wine Facial** \$59 FOR 50 MINUTES

Red wine resveratrol and antioxidant serum fights signs of aging and environmental damage. Great for all skin types. Promotes a vibrant and youthful appearance.

### **Chocolate Facial** \$59 FOR 50 MINUTES

This indulgent and luxurious facial includes a chocolate cocoa butter serum that is not only rich in antioxidants, but also contains fatty acids to deeply hydrate dry skin. It smells good enough to eat!

### **Asta Facial** \$59 FOR 50 MINUTES

6000 times stronger than Vitamin C, Astaxanthin packs an antioxidant punch by helping to repair DNA and UV-induced damage. This facial will make your skin look luminous.

### **Deluxe Facial** \$69 FOR 75 MINUTES

Indulge your senses with an extended version of our Standard Facial. This includes an upgrade mask of your choice and an aromatic hand and foot treatment.

### **Heated Stone Facial** \$69 FOR 75 MINUTES

Based on the principles of acupressure, this facial is the ultimate in relaxation! Using heated basalt stones, semi-precious gemstones and essential oils, this treatment will leave your skin feeling rejuvenated and your body balanced.

### **Ayurvedic Facial** \$69 FOR 75 MINUTES

Are you a Vata, Pitta, or Kapha? After determining your dosha (personality/body type), we use a customized blend of oils to address the needs of your particular skin type. Designed to rejuvenate and balance the mind, body, and spirit.

## Exfoliation Treatments

We offer a range of fruit enzyme and acid peels that vary in concentration from 5% to 30%. Please see insert for more detailed descriptions of our current peels.

### **Peels** \$29 FOR 25 MINUTES

OR MAY BE ADDED TO ANY FACIAL FOR \$19

### **Microdermabrasion** \$69 FOR 45 MINUTES

OR MAY BE ADDED TO ANY FACIAL FOR \$50

This treatment is ideal for both men and women seeking to turn back the effects of time and reveal healthy, younger-looking skin. This exfoliation treatment is a safe and gentle way to help rejuvenate, smooth, and repair your skin. Microcrystals gently polish the skin and remove dead skin cells, oils, and other buildup. For optimal results we recommend a series of 3 to 6 treatments.

### **Power Peel** \$89 FOR 50 MINUTES

A powerful combination of mechanical and chemical exfoliation for the most effective results. This treatment includes a pass of microdermabrasion followed by an application of one of our fruit enzyme peels.

### **Standard Dermaplaning** \$49 FOR 45 MINUTES

This procedure uses light feathering strokes by gently shaving the epidermis (top layer) of the skin, ridding the skin of the fine vellus hair (peach fuzz) as well as gently exfoliating for a more refined, more "glowing" appearance. Great for rough textured skin, or for those who are contraindicated for other exfoliating treatments.

### **Derma Peel** \$69 FOR 60 MINUTES

Same as standard dermaplaning but with addition of a peel.

### **Deluxe Dermaplaning** \$89 FOR 75 MINUTES

Same as derma peel, but with addition of an upgrade mask (with serum) and hand and foot massage.

## Body Treatments

### **Back Facial** \$59 FOR 50 MINUTES

This treatment begins with the application of warm towels on your back. After cleansing and toning, a combination of chemical and mechanical exfoliation is performed to reveal healthy skin cells. This is followed by gentle extractions and an application of Indian Healing Clay to help withdraw impurities. While you are relaxing, you will receive a calming foot rub.

### **Herbal Body Wrap** \$39 FOR 25 MINUTES

Designed to relieve muscle and joint stiffness, promote relaxation and aid in detoxification. Relax while you are wrapped in sheets that have been soaked in a warm infusion of herbs. Enjoy a scalp massage with an essential oil to top off this wonderful treatment.\*

\*This treatment requires intensive setup. A 50% deposit is necessary for this service. A full refund will be made for cancellations with at least a 24-hour notice.

### **Hydrating Coconut Body Treatment** \$59 FOR 50 MINUTES

This treatment begins with a gentle rooibos tea exfoliation. A warm application of a nourishing and hydrating coconut oil follows. Add your choice of one essential oil blend, either energizing or chai tea. Both formulas are good for sore muscles and joints, circulation, and digestion.

### **Salt Glow** \$36 FOR 25 MINUTES

Experience exfoliation, remineralization and a special blend of reviving essential oils that stimulate the senses and leave your skin feeling silky smooth. Please refrain from shaving 48 hours prior to service.

### **Thigh Sculpting** \$59 FOR 50 MINUTES

OR THIGH AND TUMMY FOR \$79

This multifaceted cellulite intervention treatment targets the back of the thighs. Dry brushing and Microdermabrasion exfoliates and increases circulation. A rolling massage helps to break up the tissues and combats the build up of toxins. This is followed by a mineral rich mask and purifying body serum infused with vital essences, essential oils and organic plant extracts, leaving the skin naturally toned.

### **Tummy Sculpting** \$39 FOR 25 MINUTES

OR THIGH AND TUMMY FOR \$75

Similar to Thigh Sculpting, this multifaceted treatment targets the abdominal region. Avoid eating a full meal before your treatment.